MH Workers' Compensation Practice Group Overview

Our experienced team provides innovative legal strategies tailored to the needs of your cases. We represent:

- Employers
- Carriers
- Self-insureds

We handle workers' compensation cases from the Deputy Commissioner level all the way to the Supreme Court of Virginia in all jurisdictions of the Commonwealth.

We carefully balance the use of aggressive advocacy with skillful diplomacy to resolve cases in a cost-effective manner. We are committed to offering outstanding client communication, early case evaluation and utilization of paralegals for maximum cost-savings to our clients.

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Workers' Compensation Practice Bios



Amanda Tapscott Belliveau | Director abelliveau@lawmh.com | (804) 775-3865

Amanda is the Chair of the Workers' Compensation Practice Group. Amanda received her J.D. from William & Mary School of Law and her undergraduate degree from Bucknell University. She handles all levels of workers' compensation litigation and appeals on behalf of employers and carriers, and she is frequently asked to lecture on advanced workers' compensation topics. Amanda serves on the Executive Committee of the Virginia Workers' Compensation American Inn of Court. Amanda was named 2023 Lawyer of the Year (workers' compensation – employers) by Best Lawyers, has been selected by Best Lawyers for workers' compensation each year since 2021, she was named as a Virginia Super Lawyer for workers' compensation in 2023 (and a Rising Star 2016-2021), and she was named as a Leader in the Law 2023 by Virginia Lawyers Weekly.



Imie Aisiku Harber | Director iharber@lawmh.com | (804) 775-7200

Imie's practice focuses on workers' compensation and commercial liability defense. Before joining McCandlish Holton, Imie served as in-house counsel for one of the country's largest insurance providers. Imie manages all aspects of litigation from discovery strategy, investigations, hearings, bench trials and jury trials throughout Virginia. She has extensive experience with settlement negotiations and ADR practice, such as mediation and arbitration. Imie earned her law degree from Western Michigan University Cooley Law.



Lauren Hutcheson | Director lhutcheson@lawmh.com | (804) 344-6305

Lauren has a dual practice defending employers and insurers in both workers' compensation and personal injury claims. She is an experienced trial lawyer who has successfully tried a number of jury trials in Virginia and has handled a significant number of claims before the Virginia Workers' Compensation Commission. Lauren provides legal advice to her clients to effectively and efficiently resolve outstanding claims, from the inception of the claim to its resolution through negotiation and settlement, or through evidentiary hearings before the Virginia Worker's Compensation Commission. She routinely delivers training to her clients' claims representatives.



Eva Roffis | Director

eroffis@lawmh.com | (804) 775-3850

Eva earned her J.D. at the University of Miami School of Law and her undergraduate degree from Washington & Lee University. She defends employers and carriers throughout the entire workers' compensation litigation process, including hearings and mediations. She regularly advises clients on defense strategies, including compensability analysis and settlement recommendations. She is named by Super Lawyers as a Rising Star, and by Best Lawyers as One to Watch.



Jessica Hacker Trivizas | Director jtrivizas@lawmh.com | (804) 775-3893

Jessica defends employers and carriers at the trial and appellate levels. She represents employers in a broad range of industries including, construction, manufacturing, transportation, hospitality, retail, local government, and healthcare. She has represented employer of all sizes, from small entrepreneurs to Fortune 500 companies. Jessica has also worked on some of the largest settlements in the country, including the historic NFL Concussion Settlement Program and the BP Oil Spill settlement.



Nathaniel Dominy | Associate ndominy@lawmh.com | (804) 775-3804

Nate's practice primarily focuses on representing employers and insurance carriers in the defense of workers' compensation claims in Virginia. He also has experience in employment law, international maritime law, and forestry law. Nate earned his J.D. at the William & Mary Law School.Prior to law school, he was a volunteer with the United States Peace Corps, teaching English to over 400 middle school students in Madagascar.



Sean M. O'Connor | Of Counsel soconnor@lawmh.com | (804) 775-3882

Sean is an attorney in the Workers' Compensation Practice Group. Sean practices out of Virginia Beach, though, like all of our attorneys, he provides statewide coverage. Sean represents corporations, businesses, and insurance carriers in workers' compensation matters throughout Virginia. He graduated from Virginia Tech in 1991 and the University of Tulsa College of Law in 1998.